

1 Be a Fundamentalist – make sure the Fun always comes before the Mental. Realize that life is a situation comedy that will never be canceled. A laugh track has been provided. Have a good laugh twice a day, and that will ensure regular hilarity.

2 Remember that each of us has been given a special gift, just for entering – so you are already a winner!

3 The most powerful tool on the planet today is Tellavision. That is where I tell a vision to you, and you tell a vision to me. If you don't like your programming, change the channel.

4 Life is like photography. You use the negative to develop. And, no matter what adversity you face, be reassured: Of course God loves you – She's just not ready to make a commitment.

5 As we go through life thinking heavy thoughts, thought particles tend to get caught between the ears, causing a condition called truth decay. So, be sure to use mental floss twice a day. When you're tempted to practice tantrum yoga, remember what we teach in Swami's Absurdiveness Training class: "Don't get even, get odd."

6 If we want world peace, we must let go of our attachments and truly live like nomads. That's where I no mad at you, and you no mad at me. That way, there'll surely be nomadness on the planet. And peace begins with each of

us. A little peace here, a little peace there, pretty soon all the peaces will fit together to make one big peace everywhere.

7 I know great earth changes have been predicted for the future, so if you're looking to avoid earthquakes, my advice is simple. When you find a fault, don't dwell on it.

8 There's no need to change the world. All we have to do is toilet train the world, and we'll never have to change it again.

9 If you're looking to find the key to the Universe, I have some bad news and some good news. The bad news is: there is no key to the Universe. The good news is: it has been left unlocked.

10 Finally, everything I have told you is channeled. That way, if you don't like it, it's not my fault. And remember, enlightenment is not a bureaucracy; we don't have to go through channels.

